Ten More Commandments
For EMS Survival

Daniel Limmer, EMT-P

Survival
• What it is
• What it isn’t

What Survival Isn’t

Bad Things Can Happen In Good Places…

…and to Good People

Survival
• Situational Awareness
• Use of Senses
• Tactics
• Daily Integration
Ten More Commandments

I
Thou Shalt Be Observant at All Times

II
Thou Shalt Listen to Gut Feelings

III
Thou Shalt Stay Safe in Traffic
Ten More Commandments

IV
Thou Shalt Practice Legal Survival

Legal Survival
• Perform Quality Care
• Document it!
• Treat People the Way You Would Want to be Treated

Testimony
• Listen Carefully
• Answer the Question
• That is All!

V
Thou Shalt Make an Informed Decision About Body Armor

VI
Thou Shalt Be Wary of ALL Weapons
“Don’t Worry, It’s Only a Knife”  
- Some Dead Guy
IX
Thou Shalt Have Fun

X
Thou Shalt Realize That Survival is a Mindset

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Thank You!
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