

Daniel Limmer

Presentation Descriptions

General Sessions

The Long Haul: Reflections on 25 Years of Service, Satisfaction and Sanity in EMS

While some may argue the "sane" part of the title, Dan Limmer has been an EMS provider for 25 years. This presentation explores the rich experiences and relationships which occur over a long EMS career. Mixing in some EMS history and strange-but-true stories Dan passionately and humorously shares his insights and experiences to help you go *The Long Haul* in EMS.

Ten Things I Wasn't Taught in EMT Class

EMT class teaches us a lot, but far from everything we need to know. This presentation talks about some of the clinical and non-clinical things we weren't taught in class and relates it to the everyday practice of EMS. Covering a wide-range of topics from clinical thinking to the human side of patient care, Dan shares Ten Things you wish you were taught in EMT class.

Lessons Learned Through the Lens: The EMS Photo Documentary Project

During the past 24 months I have been working on a photo documentary of EMS which will be published as a book. Throughout the country EMS agencies, providers and patients have allowed me to document their stories in a collection of images. These images document clinical triumph and tragedy, compassion and comedy. In this photo-driven presentation I share this experience with you providing both interpersonal and clinical insights that will both sharpen your skills and remind you of the EMS we passionately strive to provide.

Breakout Sessions

Now I Lay Me Down to Sleep – Case Studies in Suicide (General session or breakout)

Calls involving suicide or attempted suicide are challenging calls for any level of EMS provider. While the medical care of the patient is usually clear cut, the psychiatric emergency care is less concrete, leaving EMS providers feeling unsure of the right thing to do.

This presentation uses actual case studies to examine the physical and psychological aspects of suicide and attempted suicide. Risk factors, suicide plans, repeat suicide attempts, and the treatment for suicidal patients will be discussed. At the completion of this program the

participant will have a greater understanding of the mindset of the suicidal patient which will ultimately lead to improved patient care.

The Critical Thinking EMT

Critical Thinking is more than a buzzword—it is a personal commitment to performing quality patient assessment and care. Critical thinking fuels appropriate decision-making at any level of EMS care. This presentation defines critical thinking and decision-making and helps new and experienced providers bring these concepts into field practice.

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Reviving Your Patient Assessment

Patient assessment procedures are done throughout the entire call but the first few minutes may actually be the most important. The early assessment we perform and decisions we make set a foundation for the remainder of the call. This presentation takes an in-depth look at the primary survey/initial assessment and other key assessment processes which are critical for efficient patient care—and clear up some common misconceptions about patient assessment.

Ten Commandments for EMS Survival

Safety at an emergency scene is of primary importance. The Ten Commandments for EMS Survival take a humorous, yet thought provoking look at remaining safe on the street. The presentation explores attitudes toward safety, tactical skills, threats from violence and the drug trade, legal survival and more.

Crime Scene Preservation and Police Interaction

EMS at crime scenes is stressful. The battle between the golden hour and preserving evidence is hard fought. This presentation tackles two major issues: the sometimes strained relations between police and EMS at crime scenes, and the actual mechanics of

identifying and preserving evidence. Many presentations focus specifically on evidence which is only part of the issue. Learn how to deal with the police at crime scenes and preserve evidence using actual case studies of real crime scenes.

Street Drugs from Acid to Zig-Zags

Street drugs may be found in any city or town in the world. When on the street you require knowledge to remain safe, identify illicit drugs, and to anticipate the clinical effects of these drugs. This presentation provides a complete medical-legal look at street drugs including drug identification and packaging, clandestine drug labs, associated hazards, methods of use and the physical effects of these drugs on the body. Newer “club drugs” are also included in the presentation.

The Street Smart EMT

Have you ever experienced a call where a patient was found with a substance you couldn't identify? Have you ever found yourself in a potentially dangerous situation and been surprised? Have you ever treated a patient at a crime scene? This program will provide you with ways to handle these and other street-related situations better on your next call.

(Note: This talk provides an abridged version of the Crime Scene, Street Drugs and Ten Commandments presentations.)

Medical Emergencies – The Ultimate Detective Cases

Medical emergencies are the ultimate detective case. Unlike trauma calls where the hands-on exam provides most of the information, medical emergencies require detailed history taking and clinical thinking to get to the cause of the emergency—and provide the appropriate care. Using a case study approach, this presentation will relate clinical findings to appropriate patient care for a variety of medical emergencies.

Case Studies in Traumatic Death

Cases involving serious trauma are challenging for every level of EMS provider. These calls are not common which adds to the challenge when they do come in. This presentation reviews actual multiple trauma calls to highlight key considerations at the scene including triage, resuscitation decisions, mechanism of injury, and patient care priorities.

Leaving a Legacy – The EMT as a Mentor

When you were new to EMS did someone “take you under their wing?” or “show you the ropes?” EMT training is largely classroom which leaves students educated but unprepared for the street. EMT mentors help new EMTs gain experience, build confidence, and set the foundation for a life long EMS experience. Help new EMTs avoid sink or swim situations that erode confidence and end careers. You know how to help your patients, now learn how to help your fellow EMTs.

Non-Clinical and Educator Sessions **Active Learning in the EMS Classroom**

Have you ever wanted to make learning more interactive? More fun? Have you ever wondered how to increase the depth of understanding obtained by your students and develop decision-making abilities? Active learning is a term which covers a wide range of methodologies to make instruction more interactive and interesting—and have the students take an active role in it! This active approach improves understanding and retention of material. Join veteran educator and author Dan Limmer as the next step to making your classroom more active.

Conducting an Internal Personnel Investigation

Conducting or supervising an investigation within an agency is challenging and full of pitfalls. Besides the complicated issues of employee rights and defining wrongdoing, actually conducting an investigation is foreign to most administrators. Veteran police officer, paramedic and EMS author Dan Limmer will cover basic principles of interview, investigation and evidence collection for the supervisor or administrator to apply in the workplace setting.

Presenter's Bio: Daniel Limmer

Daniel Limmer is an EMT-Paramedic who has been involved in EMS and Law Enforcement for more than 32 years and practices as a paramedic with Kennebunk Fire Rescue in Kennebunk, Maine. He is a co-author of *Emergency Care, EMT Complete, Essentials of Emergency Care, Advanced Medical Life Support and First Responder - A Skills Approach*

Speaker's Fees and Expenses

I charge \$1000/day for speaking plus hotel and travel expenses. This includes one night at the conference site. If travel requirements require a two-night stay for the single day presentation, the fee is \$1500 plus hotel and travel expenses (because this is a three-day commitment for me).

Multiple days are \$1000/day plus hotel and travel expenses.

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